

Miss - Rebound for the Tie

You are down 3 points with 2 seconds to go. You are on the foul line for 2 shots. You make the first shot. What do you do now? The obvious answer is to try to miss the shot and tip in the rebound. I think that this is one of the most mismanaged situations in the game. It doesn't have to be. It really is an easy situation. It should be practiced, maybe for 2 minutes, twice per week.

Run the same plays you run for your poor foul shooter, but here is the key. Because teams don't practice this, you often see the foul shooter change his shot. You see him rush, very often you see a flat shot in an attempt to throw the ball off the rim and have it bounce back. **I think you'll find that your best chance is to take a regular foul shot.** This will keep your players in rhythm; give you more control over the situation and give you a better chance for success.

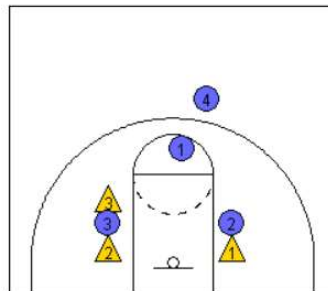
Just teach your shooter to take his regular foul shot; just change the target from the hole to the side of the rim.

Below are the 2 plays I have had success with on an offensive foul shot.

"X"

Set up normally on the foul line. The player at the top (O4) shades the weakside of the lane formation.

Keep in mind that players above the foul line must wait until the ball touches the rim.



On the shot, O2 cuts across the lane and puts a strong box out on the defensive player in the 1st spot on the opposite side.

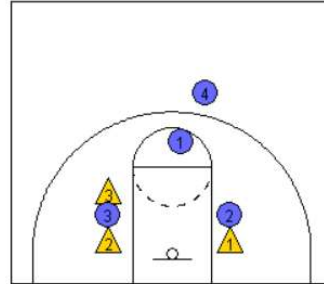
3 cuts around the box out and goes to the rim.



"O"

Set up normally on the foul line. The player at the top (O4) shades the weakside of the lane formation.

Keep in mind that players above the foul line must wait until the ball touches the rim.



On the shot O2 and O3 step back and around the defensive players and try to take a baseline route to the basket.

When the ball hits the rim, 4 comes straight down the middle to the rim.



Link: www.youtube.com/watch?v=rAwp1drk83o