

In addition to the outside low defender (X4) coming out, the top ball-side defender (X2) will sprint down and trap the corner. X1 will deny the pass back to the wing and X3 covers the elbow (high post). The long skip pass to the opposite wing is covered by quick reversal with X3 sprinting over and X1 dropping to the high post (diagram G)

### Pass into the high post.

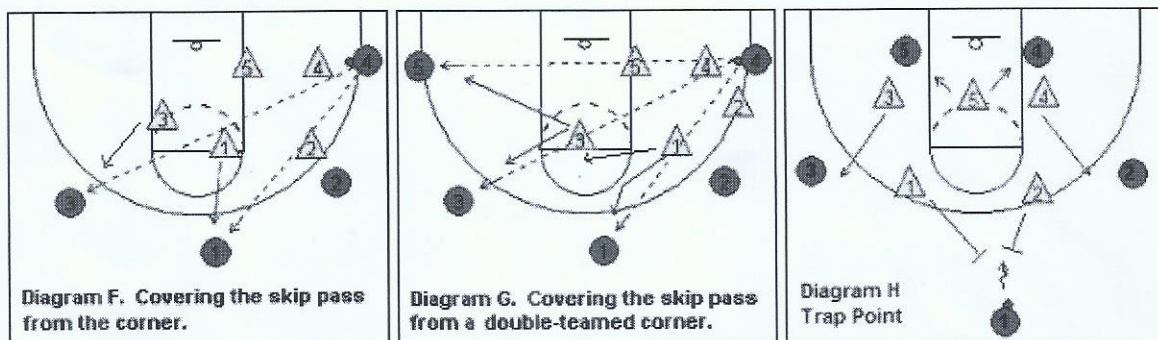
See Diagram E. Have your X5 defender come up to defend this (like a 2-1-2 zone now). But watch out for the underneath cutter in the paint. Your X3 and X4 defenders may have to cheat into the paint when X5 moves high.

### Defending the point.

Defending the point is always problematic. If you know that their O2 guard is their best shooter, then have X1 defend the point at first and allow X2 to sag toward their good shooter. And just the opposite applies if O3 is their best shooter. At first you may decide to defend the point loosely, but if their O1 starts hitting some shots, you've got to get pressure there. Never let their point split the X1 and X2 defenders and dribble penetrate the middle. X1 and X2 really have to move quickly and work hard, and work together in order to cover the point and both wings, and give help in the high-post.

### Trapping the Point

Diagram H below shows an aggressive "surprise" trap on the point guard. X1 and X2 run out and trap O1 as soon as O1 brings the ball across half-court. X3 and X4 run out and deny (or intercept) the pass to the wing. This is a gamble, and you may get an interception or a turnover, especially if the offensive set is a 3-out, 2-in (no high post). But this is not something you would do all the time, as it is obvious from the diagram that you could get burned by a quick pass from O1 to the high-post (free-throw line). You might make this a defensive call, like "Red" or "Hot".



### Covering the Skip Pass

Covering the skip pass from wing to wing, has been discussed above (diagram F). A skip pass from wing to opposite corner would be covered by the ball-side low outside defender.